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LEKÁRSKA FAKULTA  
Univerzita Komenského  
v Bratislave



# Nutrition and Healthy Aging – NutriAging Final Meeting, Bratislava, 21.09.2022



Institut für Remobilisierung und funktionelle  
Gesundheit  
Kaiser Franz Josef Spital



Häuser  
zum  
Leben  
Stadt Wien



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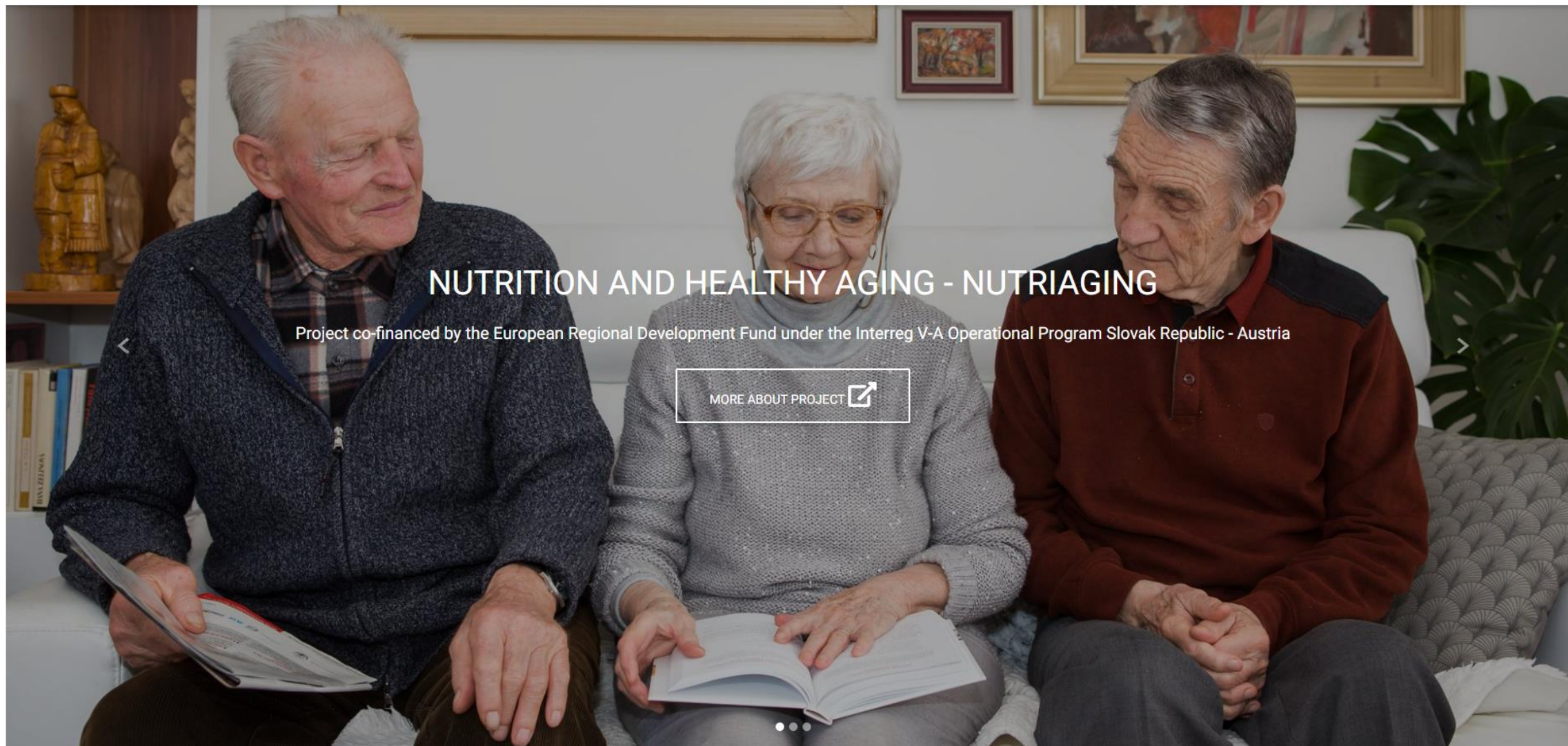
Interreg  
Slovakia-Austria  
European Regional Development Fund



[http://www.nutriaging.eu/#scr\\_top](http://www.nutriaging.eu/#scr_top)



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## NUTRITION AND HEALTHY AGING - NUTRIAGING

Project co-financed by the European Regional Development Fund under the Interreg V-A Operational Program Slovak Republic - Austria

MORE ABOUT PROJECT 



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## Project Aims

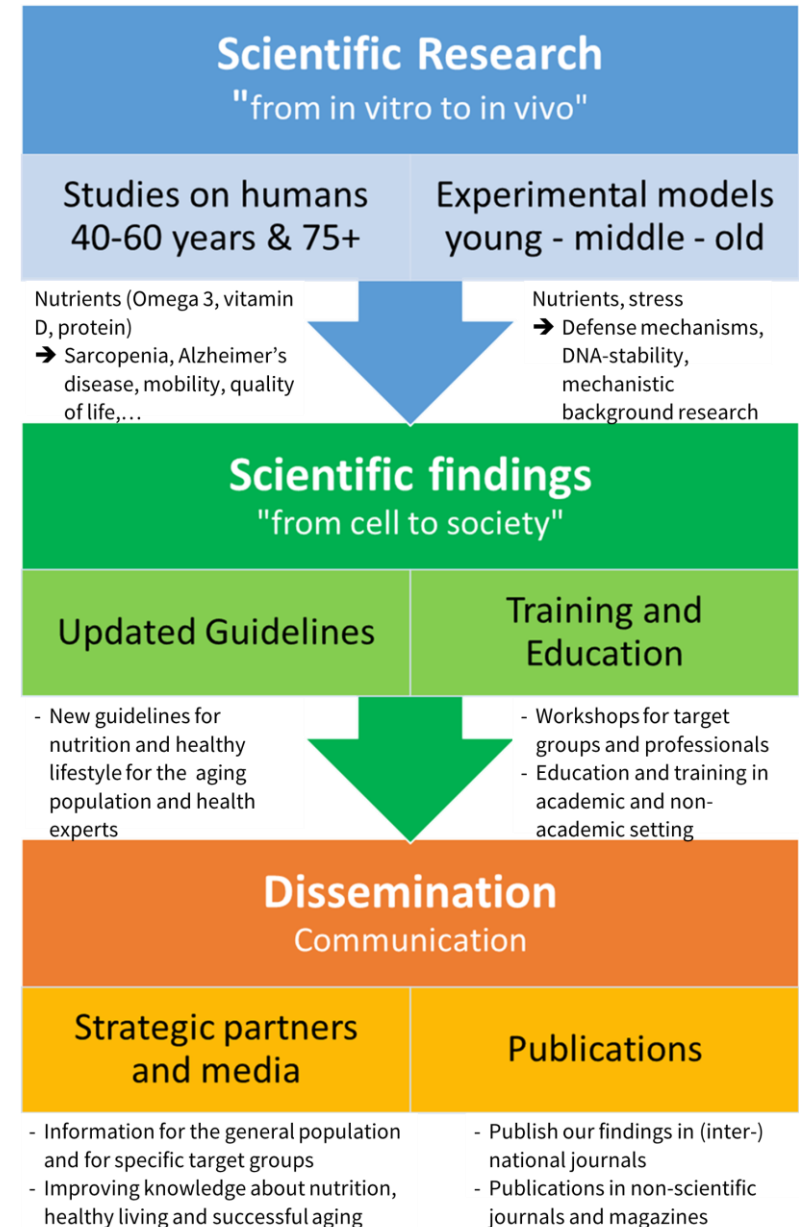
- ✓ to improve the quality of life by raising awareness of healthy nutrition need, which will contribute to the prevention of "unhealthy" aging,
- ✓ to reduce the incidence of age-related diseases such as cardiovascular diseases, rheumatoid arthritis, diabetes mellitus and mental disorders (depressive disorder, Alzheimer's and Parkinson's) in the cross-border region, and reduce the cost of healthcare associated with aging - improving nutrition and health awareness of older people of today and tomorrow, as well as of health care professionals and nurses in the cross-border area of AT-SK,
- ✓ in the research section to monitor the impact of selected nutrients (vitamin D, omega-3 fatty acids and proteins) on the health of the elderly,
- ✓ to identify markers of "healthy" physical and mental aging,
- ✓ to train the elderly of today and tomorrow as well as health care professionals and nursing staff about the role of nutrition in healthy aging.

BACK



## Project partners

|   |  |
|---|--|
| <p><b>Project Leader</b></p>  <p><b>universität wien</b></p> <p>University of Vienna</p> <p>Department of Nutritional Sciences<br/>Research Platform Active Ageing<br/>Centre of Sport Science and University Sports</p> |  <p><b>LEKÁRSKA FAKULTA</b><br/>Univerzita Komenského<br/>v Bratislave</p> |
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## Strategic partners - Austria

- ✓ **Federal Ministry of Health and Women**  
Representative: Priv.Dož. Dr. Pamela Rendi-Wagner
- ✓ **Association of Hospitals in Vienna**  
Representative: Dr. Eva – Maria Strasser
- ✓ **The Vienna Health Support**  
Representative: Mag. Christian Fessler, Dennis Beck
- ✓ **Kuratorium Wiener Pensionistenwohnhäuser**  
Representative: Mag. Jennifer Obermayr
- ✓ **Wien - Magistratsabteilung 13 - Bildung und außerschulische Jugendbetreuung**  
Representative: Mag. Brigitte Bauer-Sebek
- ✓ **Österreichische Gesellschaft für Ernährung**  
Representative: Mag. Alexandra Hofer

## Strategic partners - Slovakia

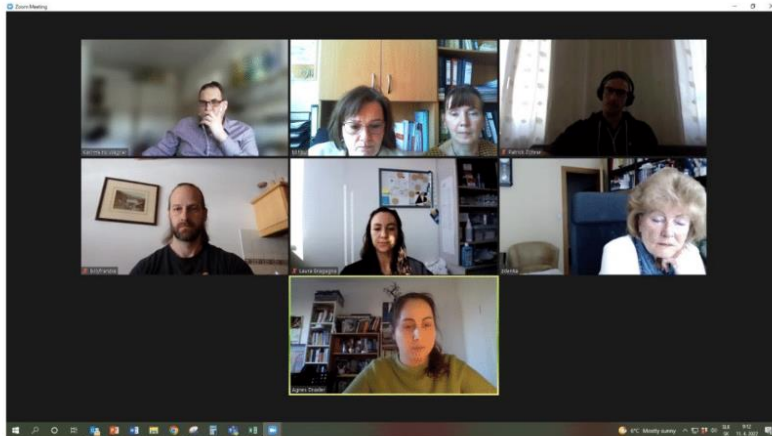
- ✓ **Association of Providers of Social Services of the Slovak Republic**  
Čachtická 17, 831 06 Bratislava – Rača, Slovak Republic, <http://www.apssvsr.sk/>  
Representative: Ing. Milada Dobrotková, MPH, predsedníčka
- ✓ **The Unity of Pensioners of Slovakia**  
Krajská organizácia JDS Trnava, Hlavná 7, 917 01 Trnava, Slovak Republic  
Representative: Margita Fabiánová, predsedníčka KO JDS Trnava (pre región trnavského kraja)
- ✓ **Bagar Civic Association**  
Azalková 4, 821 01 Bratislava, Slovak Republic  
Representative: PhDr. Miloš Nemeček, prezident OZ Bagar
- ✓ **Slovak Gerontological and Geriatric Society**  
Geriatric Clinic, Faculty of Medicine, Comenius University and FH, Limbová 5, 83301 Bratislava – I  
<https://www.geriatri.sk/>  
Representatives: Doc. MUDr. Martin Dúbrava, CSc – Head of the Clinic  
Prof. MUDR. Silvester Krčméry, CSc. – President of Society
- ✓ **Comenius University, Faculty of Physical Education and Sports**  
Nábřežie arm. gen. L. Svobodu 9, Bratislava, Slovak Republic  
Representatives: doc. Mgr. Marián Vanderka, PhD. - dean  
Mgr. Ján Cvečka, PhD. – Head of the Diagnostic Center of prof. Hamara

# Cooperations Bratislava – Vienna



**Before Covid-19**

- 30 joint meetings between 2016 and 2022
- Until 2019 the meetings were onsite alternately Bratislava and Vienna
- Since 2020 most of the meetings were online
- Many hundreds of E-mails were exchanged



**After Covid-19**